

JOIN OUR JOURNEY

ORCHESIS DANCE COMPANY August & September 2019





Orchesis kicked off the summer with our annual summer pool party! We had a wonderful time learning more about each other, playing fun games, and eating tasty snacks! Thank you to the Lee family for opening up their house to us!







Our Orchesis members have enjoyed adventurous trips nationally and internationally in the summer! Here are a few recaps!

"Over the summer, I attended a business program at the University of Pennsylvania-Wharton where I formulated and pitched a business plan. I met people from all over the world - from Abu Dhabi to Kazakhstan - and formed connections that will last a lifetime." - Scarlet Yang





"During the summer, I spent 2 weeks in Shanghai, training for a performance with Zoe, Yuki, and Jacqueline. We got to experience the hot summer weather along with delicious food and fascinating attractions! I will cherish these memories forever." - Jolie Fong

DANCE CAMP

Orchesis attended USA Dance Camp at Knott's Berry Farm Resort from August 5th-8th. For four days, the company grew immensely as individual dancers and united as a team. Learning a total of four routines in only four days, each member took on the challenge with diligence, hard work, and enthusiasm. After successfully performing on the last day, Orchesis received the "Overall Superior" plaque for a new variation of a camp dance the officers choreographed. We also brought home the teamwork award. Five dancers earned a "Super Sensational Ribbon", recognized for their outstanding work ethic and positive energy. Competing to be named the 2019 Super Sensational of Camp through progressive rounds, three dancers were named All-Americans and Talia Yip (our dance captain) was a TOP 10 contestant!





On the first day of school, the officers revealed their O-families! These families provide an additional support system within the company. Over the year, each O-Mom or officer guides their O-babies and helps them grow as dancers, students, and individuals!





As soon as school started, the company headed straight into two weeks of basic training. Revisiting the core fundamentals of dance, Orchesis prepared for the upcoming year by conditioning, building technique, and discussing nutrition & injury prevention.







With Ben Bigler

At their first company class of the year, Orchesis enjoyed their master class with Ben Bigler! Bigler has previously choreographed for Orchesis and is currently touring with the nationally praised American singer, Cher, on her "Here We Go Again" Tour. He taught an intricate contemporary combination in class, and every member performed the material with precision and attack. Wonderful job, ladies!







In September, the dancers performed at the annual Pig Skin Rally. This event is dedicated to celebrate a new season for the Apache Football Team. Invited as guest performers, Orchesis staged two pieces they learned during the Summer USA Dance Camp. The dancers successfully presented these routines with amazing performance quality and power.

Great job!

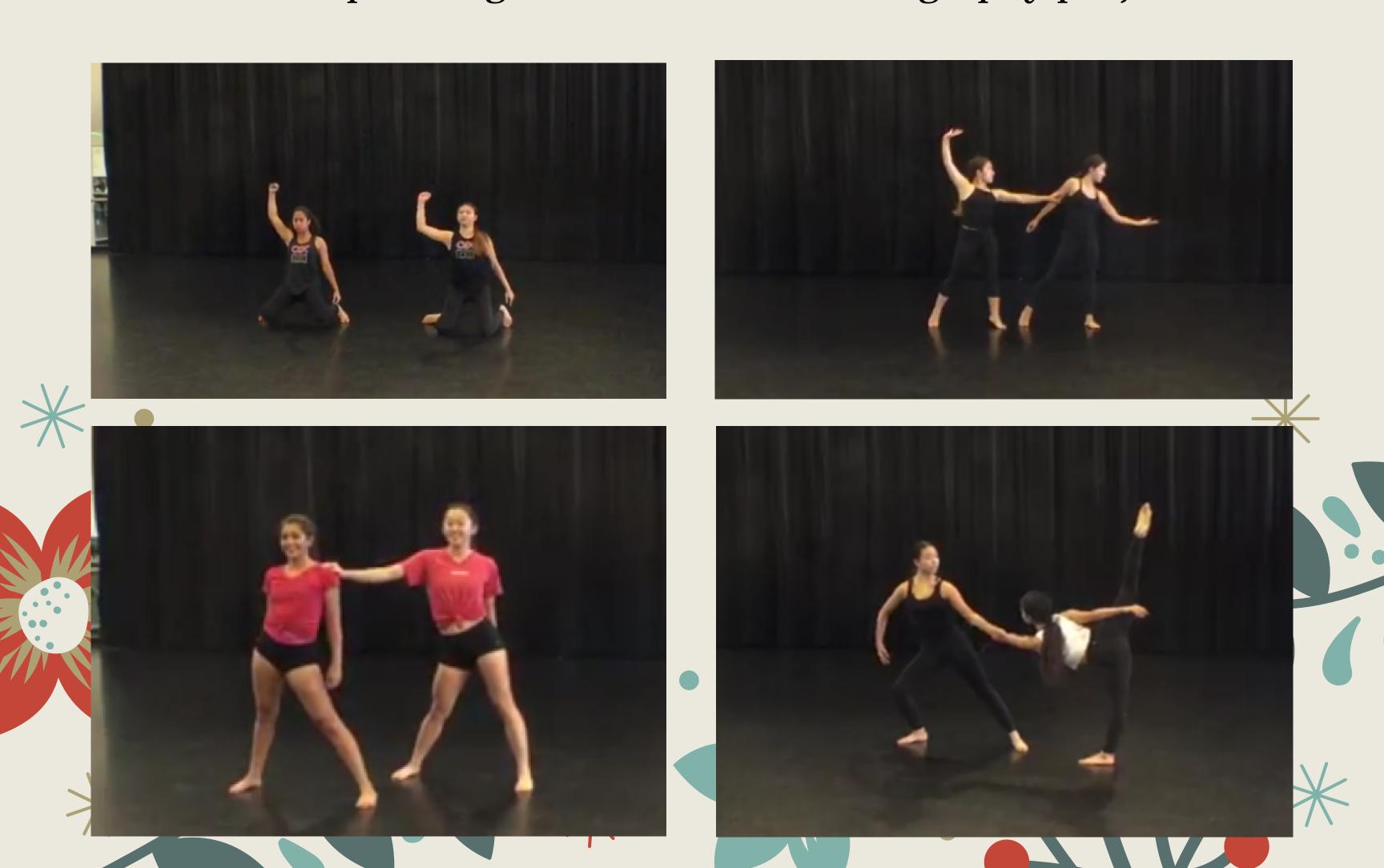






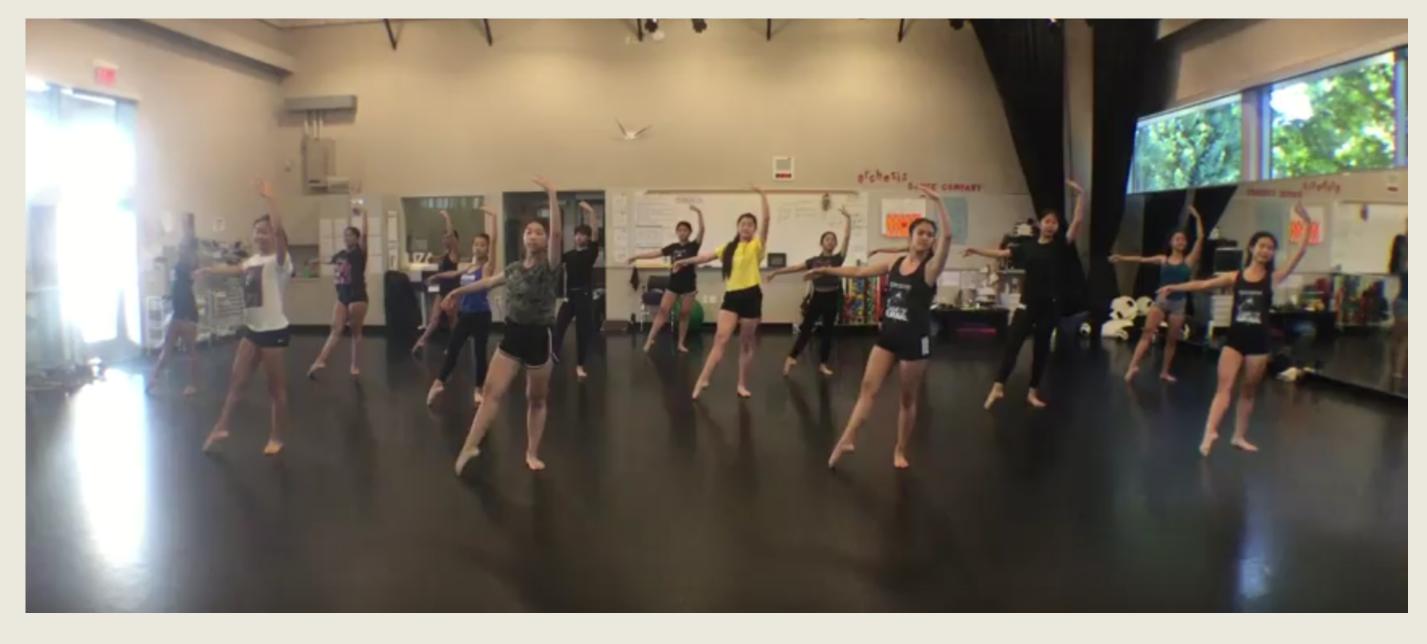
CHOREOGRAPHERS

Throughout the school year, dancers have three choreography projects with partners they select. After nearly a week of brainstorming, they present a 45-second to 1-minute piece. This audition determines who has the opportunity to teach a cast of dancers and feature their routine in the annual Spring Show. Each Orchesis member votes during the process by scoring elements such as musicality and originality of every piece. This year's A-Dance choreographers are: Jenny & Scarlet, Talia & Madison, Elaine & Alvina, and Kiana & Cassandra. Congratulations! Orchesis looks forward to the upcoming B and C-Dance choreography projects ahead!



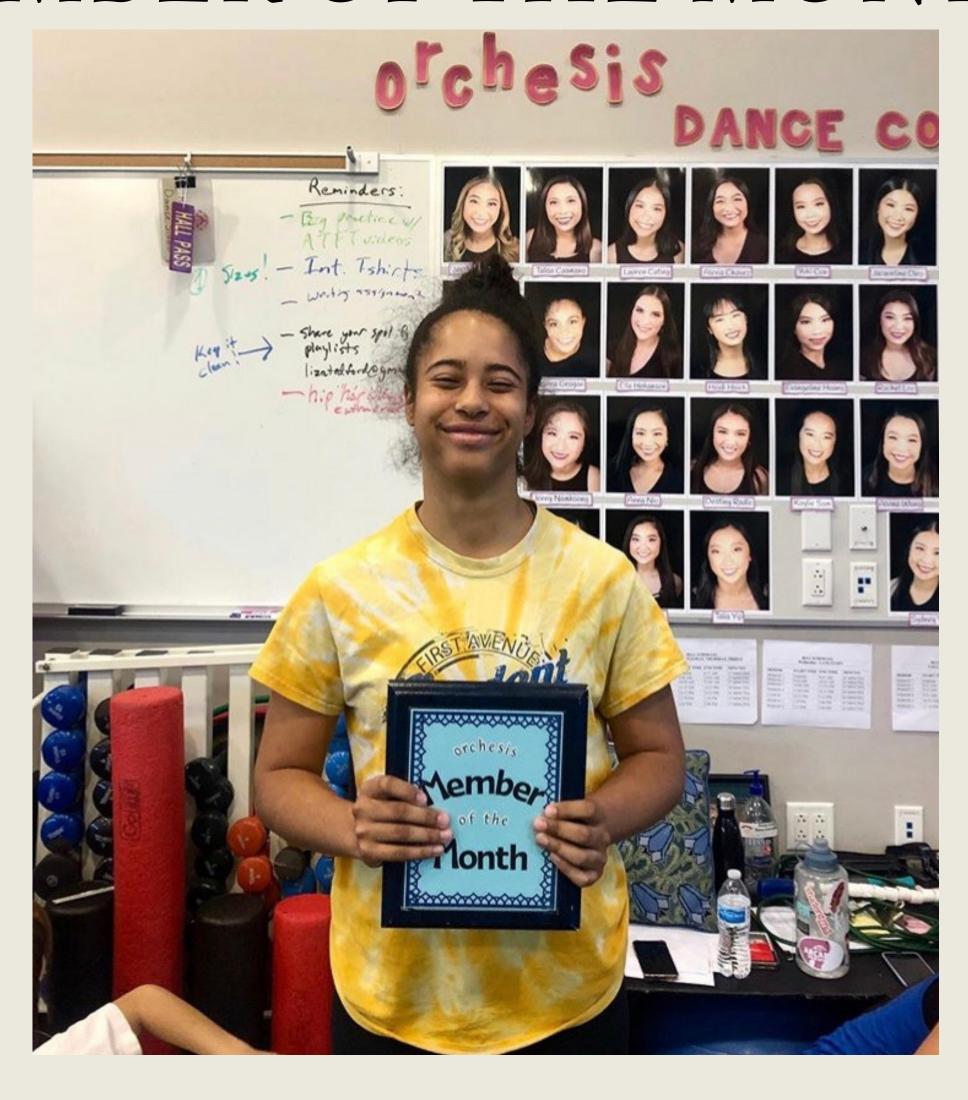


During August and September, the company members completed technique, performance and choreography evaluations. The following system has been newly incorporated this year to further encourage the dancers' growth in all aspects throughout the year. Keep up the hard work, dancers!





MEMBER OF THE MONTH



Congrats to Kiana for being our first member of the month! She's been dancing for 11 years and her favorite styles of dance are modern and hip hop. She loves dancing because it allows her to express what she feels when she can't express it any other way. In her free time she likes to sleep, watch netflix, read, or hang out with friends.

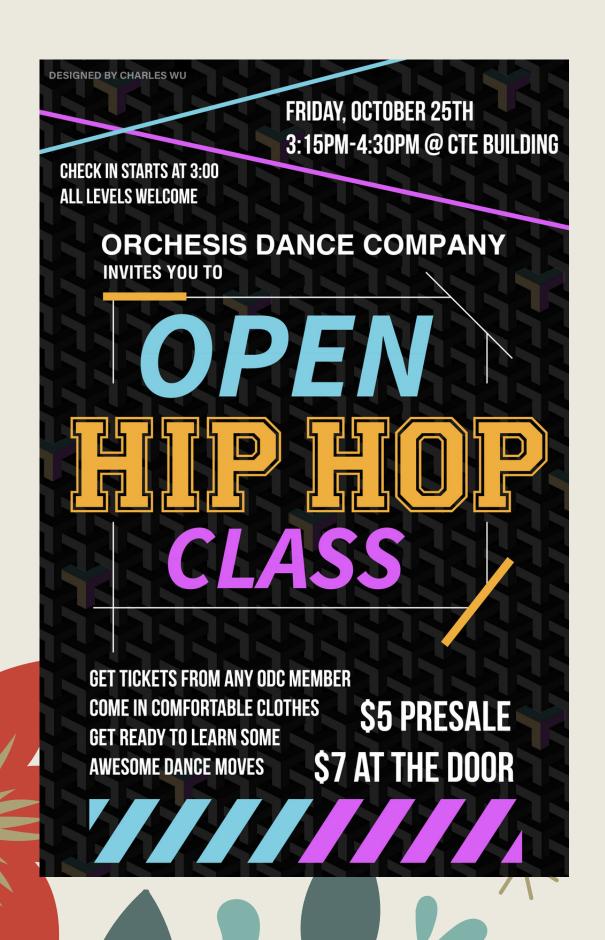
Thank you Kiana for being such a positive source of energy in our company!



Homecoming Assembly

On October 11th, the company will perform at the school-wide
Homecoming Assembly! The officers have choreographed an energetic and entertaining jazz piece for the company. Currently, the members are learning the routine, and they cannot wait to dance for their peers!





Open Hip Hop

Orchesis will host an Open Hip
Hop fundraiser on October 25th.
Officers will choreograph a short
routine to teach. All AHS students
are welcome to join us at our
open-level class! Tickets are \$5
pre-sale and \$7 at the door.
Purchases can be made from any
ODC member.

Follow Us!

Instagram: @ahsorchesis Email: orchesis@ausd.net



Designed and Written By: Jenny Namkoong (VP)
Photos By: Elaine Zhao (Historian)