



ORCHESIS DANCE COMPANY

August &
September

NEWSLETTER 2020





O-FAM!!

During the first week of school, the officers revealed their O-fams. These families provide an additional support system within the company. Over the year, each O-Mom or officer guides their O-babies and helps them grow as dancers, students, and individuals!





What Orchesis Did Over the Summer

Although everyone was stuck at home due to social distancing orders, Orchesis still tried to make the best out of their summer by learning new things and acquiring new hobbies. Many members got into baking, art, and embroidery. Some members even started learning how to drive.





Basic Training

During the second week of school, the company jumped right into basic training for two weeks. Despite the challenges of a virtual platform, Orchesis stayed motivated and was able to improve their technique, strengthen their muscles, and mentally prepare for the upcoming year.





Adriana's Yoga Class

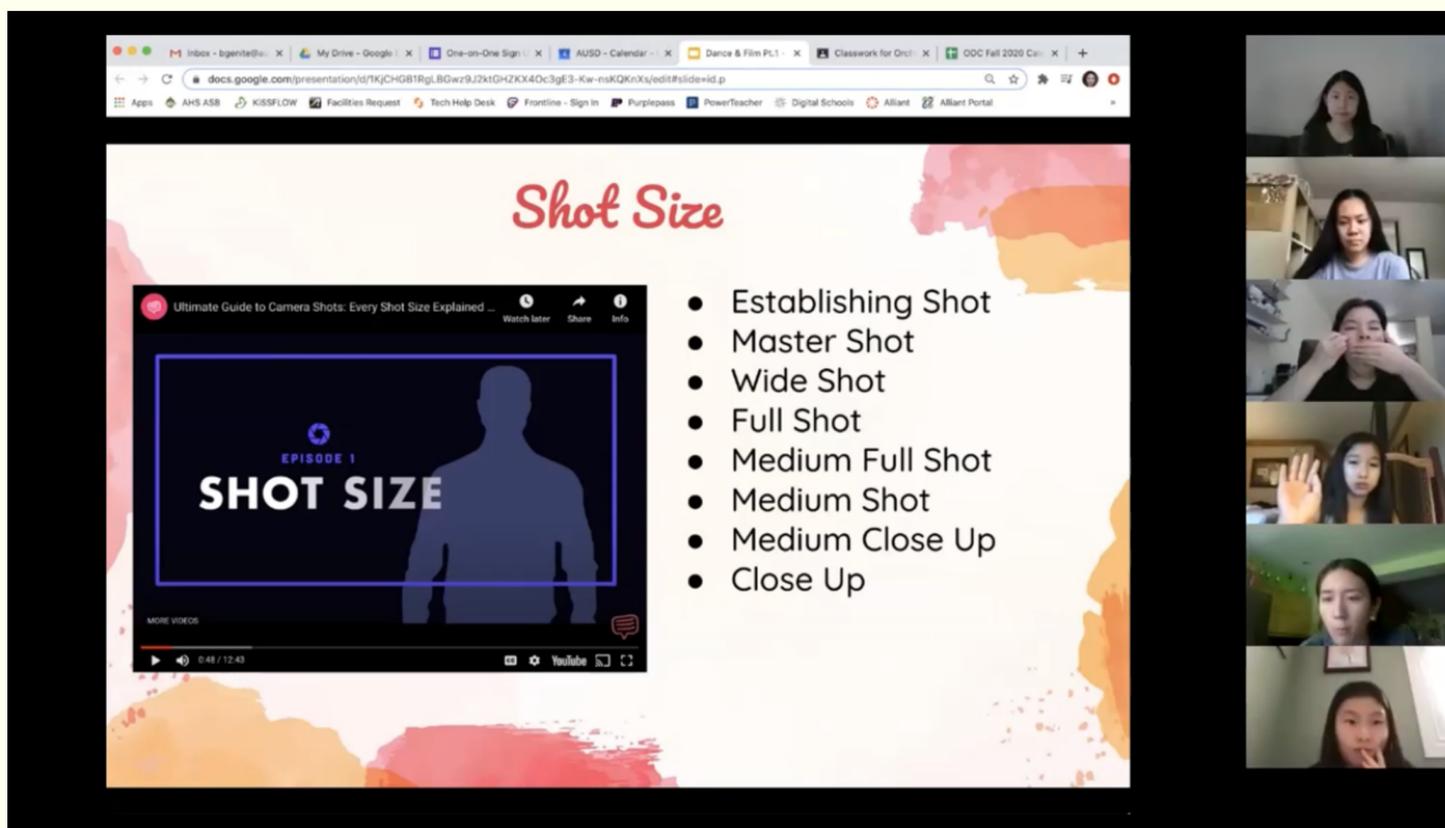
The company ended basic training with a relaxing yoga class taught by Adriana Benevento. This yoga class helped members find their center of balance, focus on their breathing, take their minds off of school, and most importantly explore a new range of movement. Thank you Adriana!





Dance for Film Workshops

Because of the current circumstances and navigating through a virtual platform, editing and filming has become a necessary skill. Within two to three sessions, Orchesis learned more about utilizing different camera angles, frames, and lighting. On top of that, the members were able to learn basic editing skills with iMovie. All this was put to the test through the first choreography evaluation and will be utilized during future projects and evaluations as well.





Master Classes

Kylie Guiking

Orchesis enjoyed their first master class of the year taught by one of our amazing directors Kylie Guiking (KG). Dancers were able to learn a groovy yet upbeat hip hop routine to "Juicy" by Doja Cat.

Thank you for the fun class KG!

Jeremy Thompson

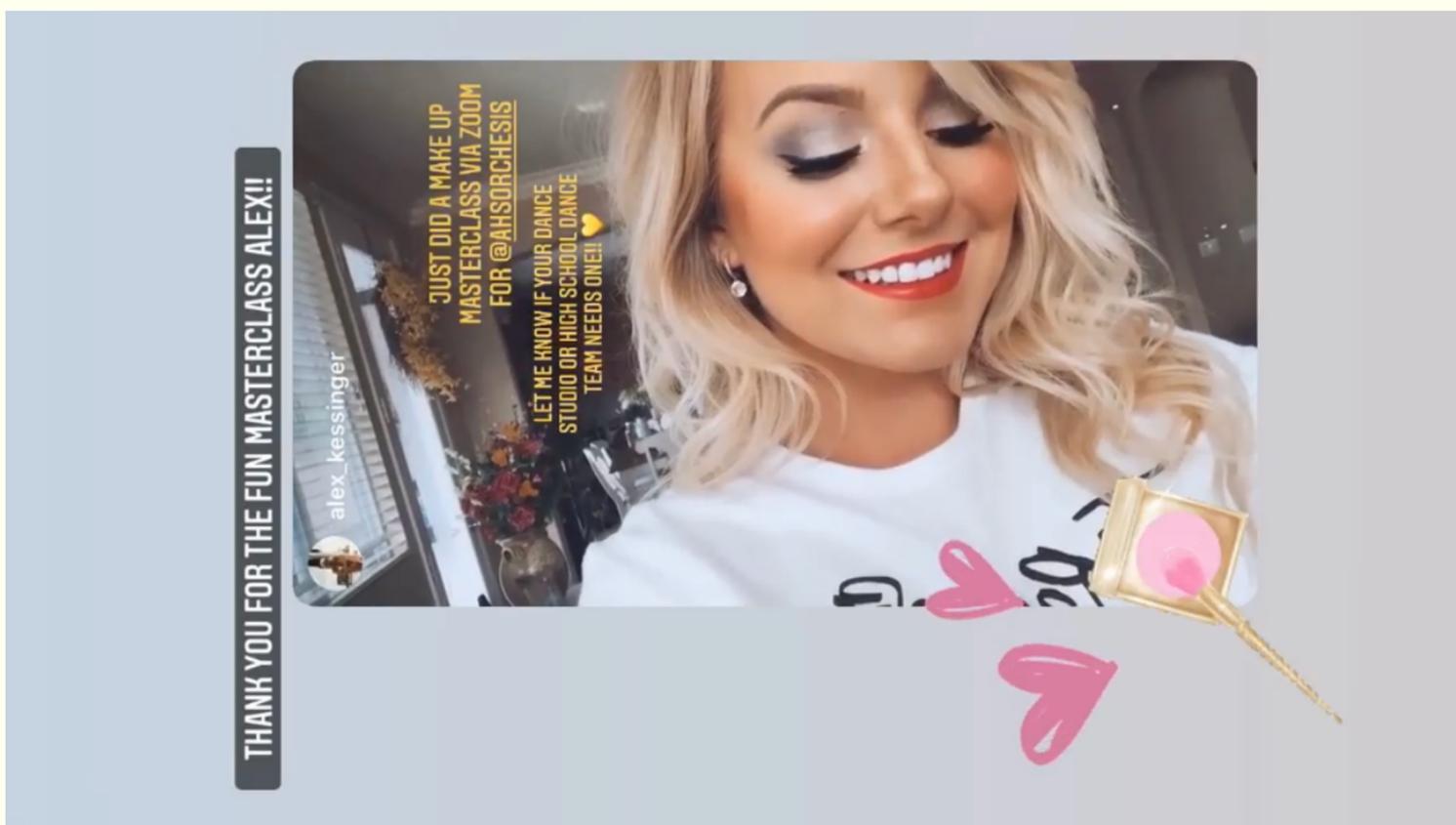
The company was able to take another master class in September taught by Orchesis Alumni and Broadway dancer Jeremy Thompson. He taught an intricate and dynamic contemporary routine to the song "Paranoid" by Lauv. Thank you for the challenging class Jeremy!





Alex's Makeup Class

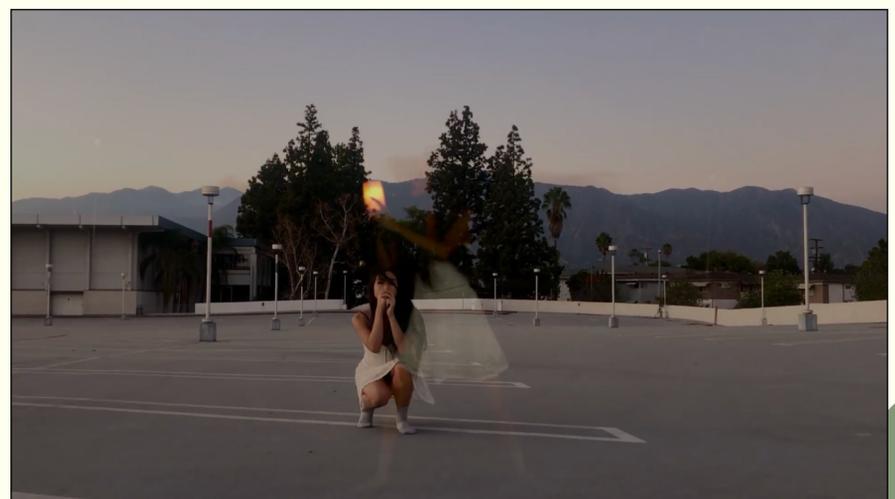
Orchesis was grateful to have Alex Kessinger come and teach a Zoom makeup class. The company was able to learn more about how to accentuate their facial features and prepare for a sleek stage look. Utilizing these makeup skills, members took headshots that will be posted on the Orchesis website, social media, and the Arcadia yearbook. Thank you Alex and looking good Orchesis!





A-Dance Choreographers

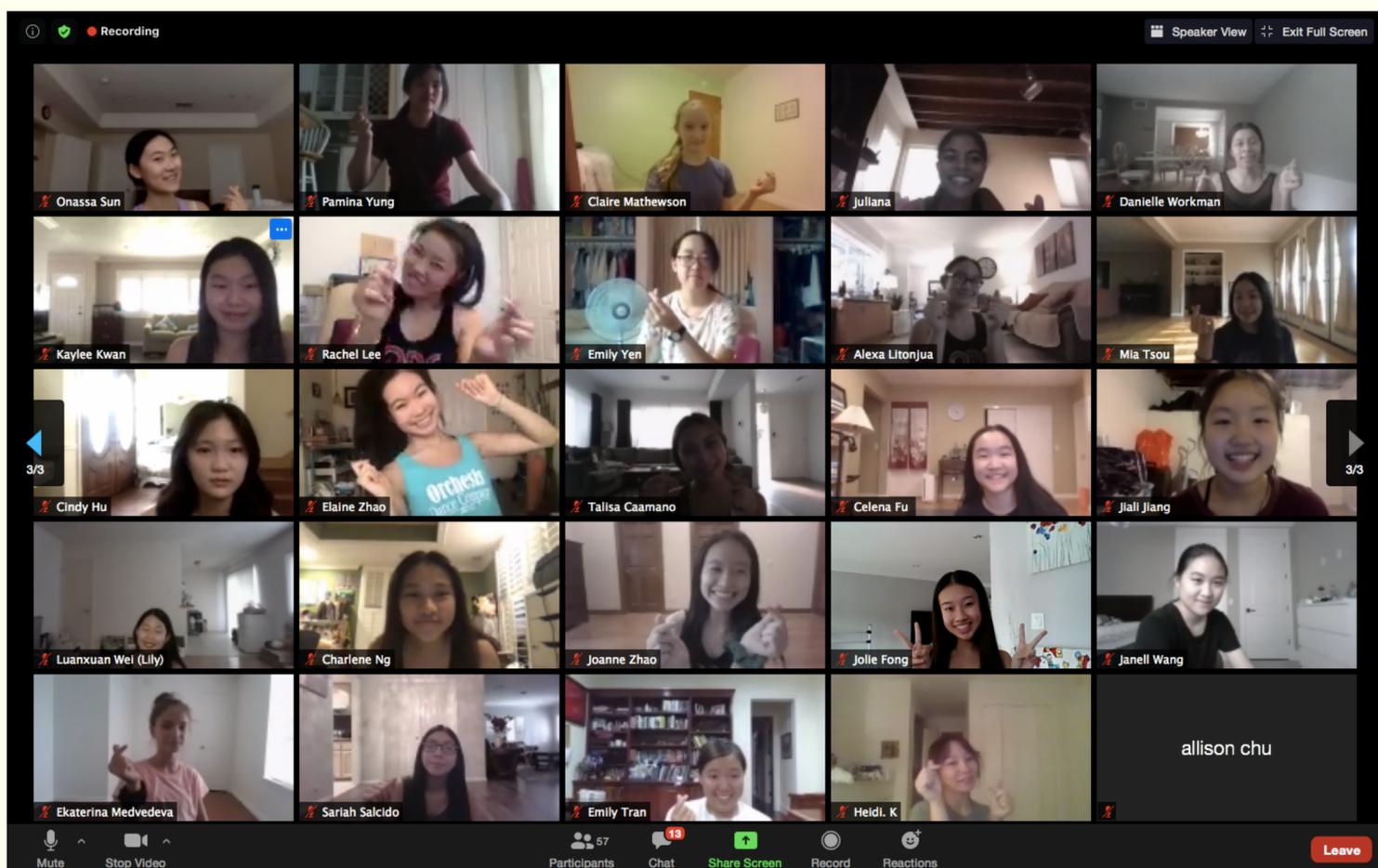
Throughout the school year, there are three choreography projects where members create a 1 minute routine with a partner of their choice. The company then evaluates each routine based on the use of choreographic elements, musicality, creativity, and artistic intent. The chosen choreographers will have the opportunity to teach a cast of dancers and feature their routine in productions and events throughout the year. We are excited to announce our A-Dance choreographers: Elaine & Kiana, Jolie & Kaylee W., Zoe & Madison, and Lauren C. & Juliana! We look forward to more creative pieces with B and C Dance!





Open Hip Hop

With the rise of kpop, Officers Elaine Zhao and Madison Estevez choreographed a fun and upbeat hip hop routine to "Dynamite" by BTS. The Dance Department (beginning and intermediate dance) had a wonderful time learning the routine through a virtual class and performing for each other to watch and enjoy. Thank you to everyone who joined us!





Homecoming Routine

Regardless of not having a Homecoming Dance this year, the company still learned an energetic jazz piece choreographed by the officers to the song "Stand Out" by Alexi von Guggenberg. Good job to the dancers for learning an entire dance in such a short amount of time. We can't wait for you to see the final product!





Member of the Month

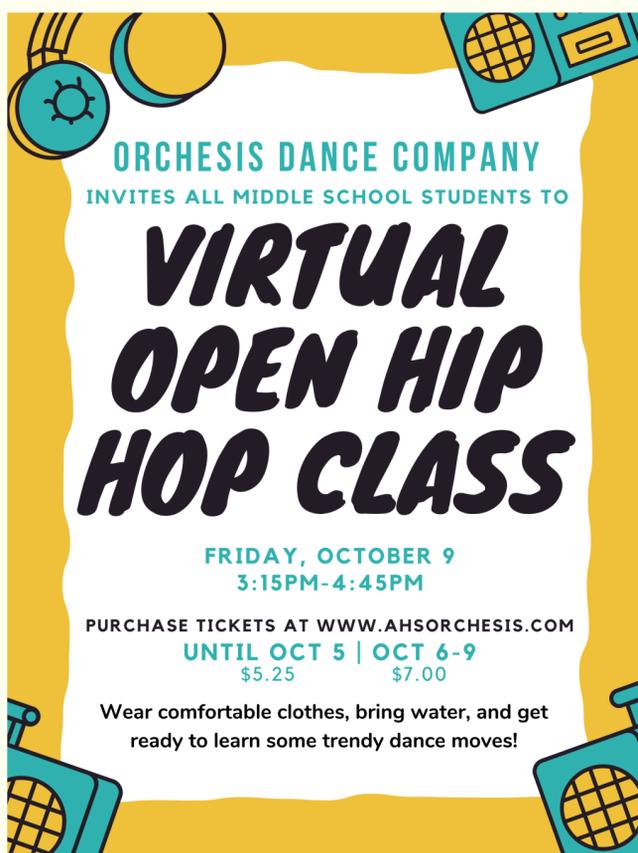


Congrats to Filicia for being our first member of the month for September! She has been dancing for 8 to 9 years and her favorites styles of dance are contemporary, lyrical, and modern. Filicia loves dancing because it is her outlet to express herself. Dancing is something that she can always depend on for some kind of emotional release. In her free time, Filicia likes to paint, bake, go biking, and drink boba.

Keep up the great work!



Upcoming Events



Open Hip Hop Class

On October 9th, Orchesis will be holding another open hip hop class which will be open to the middle schools. Dancers will be able to learn a fun and bubbly routine to "Dynamite" by BTS. We look forward to seeing new faces! Tickets can be purchased at www.ahsorchesis.com.

Apparel Fundraiser

During the month of October, Orchesis will be holding an apparel fundraiser. Items such as masks, tank tops, t-shirts, and quarter-zip jackets will be available for purchase. More information and purchases can be found on www.ahsorchesis.com.

A poster for an apparel fundraiser. The background is light purple. The text reads: "AHS DANCE DEPARTMENT APPAREL FUNDRAISER HOSTED BY ORCHESIS DANCE COMPANY". Pricing: "Masks: \$6.25 | Tanks: \$16.50 T-Shirts: \$13.50 | Quarter Zips: \$26.75". There are two logos: "arcadia high school DANCE DEPARTMENT" and "ARCADIA HIGH SCHOOL ELECTRIC DANCE DEPARTMENT". Below the logos, it says: "Design available for masks, tanks, T-shirts, and quarter-zips" and "Design available for AHS beginning and intermediate dance classes". At the bottom, it says: "Support Orchesis & Dance Department at purchase your merch today at www.ahsorchesis.com".